



Quarterly Progress Report

Period: January to March, 2026

Project: Health and Skill Development Training Support to Kawra and the Underprivileged Community



Supported By: Project Bangladesh, USA

Report Prepared by:



www.nicefoundationbd.org

Background:

The Kawra community, part of the marginalized Dalit group in Bangladesh, has long faced discrimination, social exclusion, and severe economic disadvantages. Situated primarily in Aronghata, this community endures extreme poverty, illiteracy, and lack of access to basic services, such as education, healthcare, and skill development. These systemic challenges perpetuate a cycle of poverty, early marriages, child labor, and poor health outcomes. Historically, the Kawra people have struggled to integrate into mainstream society, with limited opportunities for employment or social mobility.

The proposed project seeks to break this cycle by implementing comprehensive health and skill development programs tailored to the unique needs of the Kawra and other underprivileged communities in Aronghata. The project is designed to improve the well-being and future prospects of these vulnerable populations by focusing on skill development, income generation, and access to healthcare. By establishing a vocational rehab center, the initiative will equip members of the Kawra community with the skills needed to participate in the job market and secure stable livelihoods. This intervention not only aims to reduce child labor and early marriage but also to promote higher education and better health outcomes for the community as a whole.

Ultimately, the project will provide the Kawra people with the tools they need to overcome social and economic barriers, fostering a path toward empowerment and inclusion. Through targeted health and skill development initiatives, the project envisions a future where the Kawra community can live with dignity, access equal opportunities, and contribute meaningfully to society.

Project Goal:

Implemented comprehensive health and skill development programs for the Kawra and underprivileged communities.

Objective of the Project:

Improve health and skill development to generate income for the Kawra and underprivileged community in Aronghata. This, in turn, aims to encourage higher education, reduce child labor and early marriage, and secure better income sources and health outcomes.

Target Group:

The Kawra community, a marginalized 'Dalit' group in Bangladesh, illiterate and largely unrecognized, is the primary focus. The project aims to skill them through a vocational Rehab Centre for better access to the job market.

Activity Description:**Primary Health Care:**

- Enhanced primary health care services, making them accessible at the community level.

Investments in essential c

- Clinical service equipment for quality healthcare.
- Engagement of part-time doctors and female staff nurses to address healthcare needs.
- Provision of free medicines to extremely poor patients.

Skill Development through the Integrated Training Centre:

Establishment of an Integrated Vocational Rehabilitation Service (IVRS) Centre offering Tailoring and Basic Computer, plumbing, Masonry . Carpentry Training.

- The train-the-trainer model resulted in 134 community members becoming certified trainers.
- Cultural integration to align programs with local cultures, increasing community engagement.

Progress:

Improved Healthcare:

- Health clinics reached over 2,219 individuals, providing essential health services and promoting preventive care.
- Detailed records of patients attended, medicines provided, and free medicines distributed are maintained and included in the report.

Community Empowerment through Skill Development:

The train-the-trainer model resulted in 134 community members becoming certified trainers.

- Training participants in Computer and Sewing & Dressmaking, plumbing, Masonry, Carpentry are noted in the report.

Cultural Integration:

- Tailoring programs to align with local cultures significantly increased community engagement.

In our commitment to enhancing healthcare accessibility, our health clinics have made significant strides, positively impacting the lives of over 1,264 individuals. The focus on providing essential health services and promoting preventive care has resulted in heightened awareness and a notable shift in health-seeking behaviors within the community.



Numerical Progress

- ❖ Number of participants are graduated in computer course: 42

- ❖ Number of participants are graduated in Sewing and Dress Making Course: 41
- ❖ Number of participants are graduated in plumbing course: 18
- ❖ Number of participants are graduated in Masonry Course: 18
- ❖ Number of participants are graduated in Carpentry Course: 18

Computer Course: 7th Batch of Computer training course (Duration from January to June 2026). During reporting period Computer Training Course. The said course has started from 01/01/2026 of this month. Regular theoretical and practical classes are conducted for 06 trainees daily from 8.30 am to 11-30 am by an expert trainer.



Computer Course:

Sl no	Name	Father's Name	Cell Phone	Qualification	Date of Birth
1					
2					
3					
4					
5					
6					
7					
8					
9					
10					

- ❖ **Dress making and sewing Training:** 7th Batch of course (Duration from January to June 2026) dress making and tailoring education training started from 01/01/2026. Regular theoretical and practical classes are conducted for 11 trainees daily from 11 am to 1-30 pm by an expert trainer.

Sewing & Dress making:

Sl no	Name	Father's Name	Cell Phone	Qualification	Date of Birth
1	Puja Das	Merinal Kanti Das	01995783100	SSC	21/11/2004
2	Fima Khatun	Abul Kalam Azad	01568878291	Class-X	20/12/2007

3	Bichitra Mondal	Bimol Kanti Hira	01944955393	Class-1x	02/12/1998
4	Pupri Trafder	Poresh Babu Trafder	01928197560	Class-V11	15/04/2010
5	Sultana Begum	Sheikh Sorab Hossain	01930596500	Class-X	06/02/1981
6	Marium Khatun Lata	Md Nur Islam	01938604310	Class-V11	27/08/1992
7	Suparna Mondol	Sangker Mondol	01917688662	Class-1x	30/12/1994
8	Nila Begum	Azimuddin Howlader	01706465000	Class-V1	01/01/1978
9	Saraswati Baghi	Arabindu Baghi	01806951744	Class-V111	25/11/1992
10	Chandra Mondol	Pagol chan Mondol	01404370747	Class-V111	13/05/1985
11	Jarena Khatun	Gias Uddin	01995945365	Class-v	01/12/1982

❖ **Carpentry Course:** 7th Batch of Carpentry training course (Duration from January to June 2026). During reporting period Carpentry Training Course. The said course has started from 01/01/2026 of this month. Regular theoretical and practical classes are conducted for 10 trainees daily from 5 pm to 8 pm by an expert trainer

Sl no	Name	Father's Name	Cell Phone	Qualification	Date of Birth
1	Akhi		01922756508		
2	Ripa Biswas	Tusar Kanti Biswas	01962689047	MA	15/12/1996
3	Lamiya Khatun	Sakimul Sheikh	01344006256	HSC	14/07/2007
4	Antara Akter Sumaiya	Md Akij Sheikh	01876415349	HSC	15/06/2004
5	Arpita Mandal	Ashim Mandal	01944955393	SSC	30/07/2006
6	Chandon Das	Bibakananda Das	01922726511		31/01/2009
7	Tusahar Biswas	Shayamol Biswas	01949514218	SSC	03/11/2008
8	Nusrat Jahan Navila	Billal Shorif	01922600946	HSC	21/06/2007
9	Md Billal Sheikh	Md Aksar Sheikh	01747108054	1X	
10	Shaishi Roy	Bashudeb Roy	01948911452	V11	23/08/2012

Treatment by Doctor:

Dr. Sukumar Mondal MBBS and Dr. Lamia Tanzim Mim MBBS doctors provide free medical services to poor destitute patients every Saturday and Thursday from 9 am to 1 pm and 3 pm to 5 pm every week. During the reporting period, the following patients were treated for various diseases from January to March 2026.

Month	Female	Male	Child	Total
Jan'26	21	05	13	39
Feb'26				
March'26				
Diabetic Test	03	02	0	05
Total				

Free Medicine Distribution:

Dr. Sukumar Mondal MBBS and Dr. Lamia Tanzim Mim MBBS two doctor's medicines are distributed free of cost to the poor, disabled and helpless freedom fighters.

Month	Female	Male	Child	Total	Medicine
Jan'26	14	03	13	30	Tab: Fastplus, Deslor, Filmet, Riboson, V-plex, Alben DS, Cosec.
Feb'26					
March'26					
Total					

Medical care by Nurses:

Reshma Khatun is a senior staff nurse provides various health services including health check-up, weighing, and blood pressure measurement of mother and baby every day. Moreover, they are made aware about reproductive health and family planning. During the reporting period, the following patients were treated for various diseases.

Month	Female	Male	Child	Total	Advice/counseling
Jan'26	273	97	175	545	Weight and pressure measurement giving injections, dressing, measuring diabetics, antenatal checkup of expectant mothers.
Feb'26					
March'26					
Total					

Number of health care recipients from January to March, 2026 by Doctor and Nurses

Name	Female	Male	Child	Total	Advice/counseling
Dr. Sukumar Mondal,					Weight and pressure measurement giving injections, dressing, measuring diabetics, antenatal checkup of expectant mothers.
Dr.LamiaTanzim Mim					
Reshma Khatun					
Diabetic					
Grant Total					

Key Achievements

Enhanced Community Health: The project successfully delivered vital health services and education, leading to improved health outcomes and greater awareness of health issues among community members. Through a series of well-structured health-related training programs, individuals gained valuable knowledge and skills to better manage their health.

Skill Development: Vocational training programs have empowered participants with practical skills, significantly boosting their employment prospects and economic stability. Additionally, targeted programs engaged youth effectively, fostering their active involvement in community development and personal growth.

Community Involvement and Empowerment: The project increased community engagement in decision-making processes, ensuring that interventions were tailored to local needs and

priorities. By strengthening the capacity of local organizations and community members, the project has enhanced their ability to sustain benefits beyond the project's duration.

Successful Collaboration: The project established meaningful partnerships with local NGOs, government agencies, and other stakeholders. This collaboration has resulted in coordinated efforts and a more holistic approach to addressing community needs. Leveraging shared resources and expertise has maximized the impact and efficiency of the project activities.



Challenges Encountered

Financial and Logistical Constraints: The project faced challenges in managing and allocating resources effectively, which occasionally affected the timely delivery of activities. Logistical issues, such as reaching remote areas and ensuring consistent access to services, also posed difficulties.

Safeguarding and Inclusion: Addressing safeguarding concerns related to abuse and exploitation was crucial, prompting the implementation of enhanced protection measures for vulnerable populations. Efforts were made to improve the inclusion of marginalized groups, including people with disabilities and the elderly, in project activities.

Monitoring and Reporting: Difficulties in data collection and reporting impacted the ability to provide timely and accurate updates on project progress. This highlighted the need for improved monitoring and evaluation practices.

Case Study: Empowering Women through Skills Training – The Story of Mukta Das

Name: Mukta Das

Age: 24 years

Father: Gopal Das

Mother: Anima Das

Marital Status: Abandoned by Husband

Children: One Son

Occupation: Tailor

Monthly Income: BDT 4,000–5,000

Mukta Das, a 24-year-old woman from a marginalized community, faced early adversity in her life. Abandoned by her husband and left solely responsible for raising her young son, Mukta's future was uncertain. She had limited education, no source of income, and lived under financial strain with her parents in a rural village.

Everything began to change when Mukta enrolled in a sewing training course organized under the Nice Foundation. Motivated by the desire to become self-reliant, she committed herself fully to the training, learning not just sewing skills but also basic financial literacy and how to manage small orders independently.

After completing the training, Mukta acquired a sewing machine through community support and began taking small tailoring orders from neighbors and local markets. Gradually, she built a reputation for quality and reliability. Today, Mukta earns between BDT 4,000 to 5,000 per month, which she uses to support her son's education, contribute to household expenses, and save for the future.

Mukta's story is a powerful testament to how targeted skills training can transform lives. She now speaks with pride and confidence about her work, serves as a role model for other women in her area, and dreams of expanding her tailoring business. Her journey from dependency to independence reflects the real impact of inclusive empowerment programs of Nice Foundation.

Case Study: Strengthening Lives through Long-Term Health Support – The Story of Mita Begum

Organization: Nice Foundation:

Name: Mita Begum

Age: 65 years

Father: Amir Sardar

Mother: Tahura Begum

Health Conditions: Fatty liver and diabetes

Mita Begum, a 65-year-old woman from a disadvantaged rural background, had been suffering from multiple chronic health issues, including fat accumulation in the liver and diabetes. For years, her health slowly deteriorated due to a lack of access to proper healthcare, awareness, and financial resources. Her condition left her physically weak, often bedridden, and emotionally distressed.



Doctor observing Mita Begum

In 2023, the **Nice Foundation** identified Mita during a community health screening under its **Elderly Health Care and Support Program**. The Nice Foundation took swift action, linking her to medical specialists and initiating a structured treatment plan that included regular doctor consultations, diabetes management, dietary counseling, and medicine support.

Over the course of two years, Mita received continuous follow-up and care, thanks to the Foundation's health volunteers and referral services. Her liver condition was closely monitored, and her diabetes was brought under control with the right medication and lifestyle adjustments.

Today, Mita is in significantly better health. She can walk short distances, manage household tasks, and even attend local women's group meetings. Her improved health has greatly lifted her spirit and strengthened her connection to the community.

Mita's story is a powerful example of how sustained, inclusive healthcare interventions can restore dignity, health, and hope in the lives of elderly women. The Nice Foundation remains committed to reaching the most vulnerable ensuring that no one is left behind in accessing the care they need.

Case Study: Access to Healthcare Restores Dignity – The Story of Anjana Roy

Organization: Nice Foundation

Name: Anjana Roy, **Age:** 33 years, **Father:** Vishnu Roy, **Mother:** Minara Roy
Health Status: Recovered from a prolonged breast health issue

Anjana Roy, a 33-year-old woman from a low-income household, had been silently enduring breast-related health complications for a long time. Living in a remote rural area with limited access to quality healthcare, she lacked both the financial means and the confidence to seek medical attention. Her condition caused physical discomfort and emotional distress, restricting her daily activities and deepening her social isolation.

When the **Nice Foundation** launched a health outreach and referral program under its women's health and rights initiative, Anjana came into contact with a community health volunteer. Through careful counseling and encouragement, she was referred to a partner clinic for diagnosis and treatment. The organization supported her with transport, follow-ups, and emotional guidance throughout the process.

Following diagnosis, Anjana received appropriate treatment from a specialist center. Her health condition began improving significantly within weeks. Today, Anjana reports feeling much stronger physically, emotionally, and socially. She has regained confidence and is once again participating actively in household responsibilities and community life.

Anjana's recovery story reflects the transformative impact of accessible and dignified healthcare services. Her journey underscores the importance of early intervention, awareness, and holistic care. The Nice Foundation's timely support not only improved her health but also helped restore her sense of identity and hope for the future.

